

Youth League Rules

Cowtown Soccer, Fort Worth, Texas. Last updated August 25, 2026.

This page is a placeholder. The youth rules live at ``cowtownfc.com/rules/``, which this build environment cannot reach -- outbound network access is restricted to search, and the page's contents are not in the search index. Paste the text of that page into this file, or drop the original document into ``assets/source-documents/``, and it will render here.

Once supplied, this page should cover, per age group (3-4, 5-6, 7-9, 10-12, 13-16):

- Number of players on the field and minimum to start
- Match and half length
- Ball size
- Field and goal dimensions
- Substitution rules
- Whether scores and standings are kept
- Heading rules by age (US Soccer restricts heading below certain ages)
- Coaching and parent sideline conduct
- Equipment requirements